

### **OB/Peds Exam Study Guide**

1. List the steps in treating a conscious child who is choking.
2. List the steps in treating an unconscious child who is choking.
3. List the steps in treating a conscious infant who is choking.
4. List the steps in treating an unconscious child who is choking.
5. Discuss the special considerations when performing CPR on a child and when performing CPR on an infant.
6. Discuss the anatomical changes in a pediatric patient.
7. Discuss the physiological changes in a pediatric patient.
8. List the components of the Pediatric Assessment Triangle and findings for each category.
9. List the normal respiratory rate and pulse rate for an infant.
10. List the normal respiratory rate, pulse rate, and blood pressure for a child.
11. List the signs and symptoms found in an infant with shortness of breath.
12. Describe the signs and symptoms of a patient suffering from the epiglottitis.
13. Contrast the difference in signs and symptoms of a patient suffering from epiglottitis and suffering from croup.
14. Discuss the special considerations for an infant and pediatric patient when utilizing spinal motion restriction.
15. List the signs and symptoms of an infant suffering from hypovolemic shock.
16. Contrast the difference in signs and symptoms of a pediatric patient in compensated and decompensated shock.
17. Discuss the most common seizure in kids and the signs and symptoms associated.
18. Describe some of the more common physical findings in a child suffering from abuse.
19. Describe the signs and symptoms of a patient suffering from pelvic inflammatory disease.
20. Describe the signs and symptoms of a patient suffering from an ectopic pregnancy.
21. Contrast the signs and symptoms of a patient suffering from placenta previa and suffering from abruption placenta.
22. Describe the signs and symptoms of a patient suffering from preeclampsia.
23. Describe the signs and symptoms of a patient suffering from eclampsia.
24. Describe the signs and symptoms of a patient suffering from uterine rupture.

25. Define primipara and gravidarum.
26. Define gestation.
27. Discuss the rationale for putting a pregnant female in the left lateral recumbent position.
28. Describe the stages of pregnancy.
29. List the indications of imminent delivery.
30. List the steps in assessing an APGAR score.
31. Describe the risk factors for a precipitous delivery and the treatment.
32. Discuss the neonatal resuscitation guidelines for a newborn who has a heart rate of less than 100.
33. Discuss the neonatal resuscitation guidelines for a newborn who is not breathing adequately.
34. Describe the process for treating a patient suffering from a nuchal cord.
35. Describe the signs of meconium staining and the risk to the newborn.
36. Contrast the signs and symptoms of a patient suffering from Braxtons Hicks contractions and contractions for full-term delivery.